



EX CULTU ROBUR

CRANLEIGH SCHOOL SPORTS CLUB

Newsletter - Winter 2011

Welcome

Welcome to our Winter Newsletter. In contrast to last year, unseasonably mild weather continues to allow members to make the most of the golf course. As such, if any of our new racquets members would like to become involved in golf and perhaps enter some competitions, our golf captains would be more than happy to see you.

Whilst the golf course, tennis & squash courts will remain available to members over the Christmas period, please be aware that the Sports Centre will be closed from midday on Saturday 24th December 2011 until Sunday 1st January 2012 inc. Toilets and first aid provision are to be found at the squash courts.

We would like to wish all our members a very happy Christmas, a prosperous New Year and thank you for your continued support.

Summer Pony Camp

Cranleigh School Equestrian Centre ran its first 3-day Pony Camp this August. We had lots of interest, so much so that next year we'll run 2 camps for the wide variety of riders who wanted to attend!

The children had their 'own' pony allocated to them for the duration of the camp. We planned a mini one-day event for the last day, which comprises of a dressage test, show jumping course and finally a cross-country element! The riders had to learn their dressage test, as well as both jumping courses, so they had plenty to keep them occupied!!

We also had the opportunity to take all 8 riders out for a hack in between all the practising for the final day!

The competition went smoothly - even when the weather threatened to do its worst - and a great day was had by all. Equiguest, the tack shop in Knowle Lane, generously sponsored the competition and provided some fabulous prizes, including T-shirts, whips, brushes and scarf and glove sets!

Christmas Opening Times

- ▶ **Close:** Saturday 24th December 2011 12.00noon
- ▶ **Reopen:** Monday 2nd January 2012 9.00am-5.00pm
- ▶ Tuesday 3rd January onwards normal opening hours

Please be aware that the golf course, tennis and squash courts will remain open for members between the Christmas and New Year period. However, the Sports Centre will be closed, therefore no first aid will be available during this time.

Also, please make sure that you are aware of the current squash court door code and that you have enough tokens to cover this period.



All the children and ponies ready for action on competition day!

Cranleigh School Multi-Activity Days

During the School Holidays (weekdays)



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Christmas Camp

Wednesday 21st - Friday 23rd December 2011

▶ 8.30am - 5.00pm ▶ Boys and Girls, aged 5 - 12 years

- Seasonal Themed and Specialist Activities



Seasonal Themed Activities include:

- ▶ Party Games
- ▶ Fancy Dress
- ▶ Pony Rides
- ▶ Fun Splash
- ▶ Talent Show
- ▶ Arts & Crafts
- ▶ Christmas Gifts for All

For more information please call **01483 542125**
or e-mail sportsclub@cranleigh.org

Cranleigh School Swimming Academy

The Cranleigh School Swimming Academy caters for the full spectrum of abilities, offering lessons to children over the age of 4. Lessons range from armband water confidence classes through to competitive swimming development coaching. Each lesson is 30 minutes in length, and is run using the ASA's national teaching plan by fully qualified ASA and STA teachers. We aim for lessons to consist of no more than 6 swimmers.

▶ Lent Term

14th Jan - 24th March

(No swimming 11th & 18th Feb) - 9 weeks (£81)

Booking from 26th November

▶ Easter Swim School

10th - 13th Apr (4 days - £36) Booking from 3rd March

▶ Summer Term

21st Apr - 7th July & 2nd - 9th June (10 weeks - £90)

Booking from 17th weeks

▶ Summer Swim School

28th Aug - 31st Aug (4days - £36) Booking 23rd June

- ▶ For more information about The Cranleigh School Swimming Academy contact:

dh@cranleigh.org
or sportsclub@cranleigh.org
or telephone **01483 542125**



SDW Cricket Academy

Stuart Welch, Cranleigh School's cricket professional, is running two-day coaching courses during the Christmas Holidays. Each course will be tailored to its age group's requirements and will cover all aspects of the game, including batting, bowling, fielding and wicket-keeping.

Each course will take place at the Trevor Abbott Sports Centre at Cranleigh School and will include time in the nets, fun/games, the opportunity to face the bowling machine and end-of-course prizes.

- ▶ For bookings or further information contact **Jo Jessop** on **01483 542086**

SDW Cricket Academy at CRANLEIGH SCHOOL



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2011 Courses

- ▶ **Course 1** (6-13 year-old boys and girls)
Wednesday 3rd - Thursday 4th August 2011 10.00am - 4.00pm (C4)
COURSE COMPLETED
- ▶ **Course 2** (6-9 year-old boys and girls)
Thursday 15th - Friday 16th December 2011 10.00am - 4.00pm (C5)
- ▶ **Course 3** (10-13 year-old boys and girls)
Monday 19th - Tuesday 20th December 2011 10.00am - 4.00pm (C6)



Wadokai Karate



with James Taylor 4th Dan

Mondays evenings
▶ 7pm - 8pm (Term time only)

▶ For Juniors, minimum age - 7

▶ £5 per session, payable in a block per term

Contact us on
01483 542125
to reserve your place

Yoga on Mondays with Sarra Whicheloe At the Sports Centre Dance Studio

- ▶ 9.30am-10.45am & 7pm-8.30pm
- ▶ Courses start January 16th 2012
- ▶ £50 for 6 classes
- ▶ Booking is essential



Develop strength and flexibility through a dynamic and revitalising yoga practice.

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yogabody.org.uk
01483 268014

If you would like further details or information on joining **Cranleigh School Sports Club**, please tel: **01483 542125**, visit www.cranleigh.org/enterprises or email: sportsclub@cranleigh.org