



$MENU\ MICHAELMAS\ TERM-WEEK\ 1$

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	SUNDAY BRUNCH
Meatballs baked in tomato sauce, tomato & olive sauce, green herb pesto Penne & spaghetti	Beef rendang Lemon grass, braised rice	Roast boneless pork loin, sage & onion stuffing	Baked traditional lasagne Garlic bread Green peas with onions & pesto	Battered hake fillet with chips, peas, baked beans & curry sauce	Pepperoni and roasted onion bake	
Garlic, herb & parmesan bread	Sweet potato & spinach Curry, lemongrass braised rice	Spanakopita pie Roast potatoes & green peas & cabbage, roasted carrots	Quorn mince lasagne Garlic bread Green peas with onions & pesto	Jumbo sausages Gluten free sausages	Traditional macaroni cheese	
Hot new potatoes & green peas	Chinese cabbage, bok choy & beansprouts	Hot new potatoes & green peas, roasted carrots	Tomato & mozzarella salad with basil	Falafel skewer, soft tortilla tzatziki	Green beans with red onion & garlic	
Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	
Salads, deli & noodle bar	Salads, deli & pasta bar	Salads, deli & pasta bar	Salads, deli & pasta bar	Salads, deli & pasta bar	Salad bar	
Fruit jelly & cut fruits Sticky toffee pudding & butterscotch sauce	Fruit jelly & cut fruits Spiced apple crumble & cinnamon custard	Fruit jelly & cut fruits Pear & blackberry pie & custard	Fruit jelly & cut fruits Ginger sponge & vanilla sauce	Fruit jelly & cut fruits Mississippi mud pie		
			Evening			
Cottage pie topped with winter roots Braised cabbage, peas & onions	Pork & leek sausages Crushed potatoes, onion gravy, green beans	Beef, chicken & vegetable burgers	Boarder's choice	Nacho Friday Beef chili, jalapenos, salsa, sour cream, grated cheese Nacho chips, dirty rice	Chef's choice with seasonal vegetables & desserts Evening salads	Chef's choice with seasonal vegetables & desserts
Lentil Farmers House Pie Topped with Winter Roots Braised Cabbage, Peas and Onions	Vegan Sausages Crushed Potatoes, Onion Gravy Green Beans	Seasoned Fries Brioche buns & sliced cheese		Nacho Friday Bean & Quorn chilli, jalapenos, salsa, sour cream, grated cheese Nacho Chips, dirty rice		
Salads & pasta bar	Salads & pasta bar	Supper salad bar	Salads & pasta bar	Salads & pasta bar		
Blondie	Choc chip muffins	Jam puffs	Iced orange tray bake	Mocha cake	Chef's choice of dessert	Chef's choice of dessert





MENU MICHAELMAS TERM – WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	- SUNDAY BRUNCH
Chicken chow mein Vegetable spring Roll Prawn Crackers	Jerk chicken, rice & beans, Dirty corn	Roasted gammon with honey mustard glaze & roasted potatoes	Chicken & chorizo paella with peppers, peas & smoked paprika	Battered hake fillet with chips, peas, baked beans & curry sauce	Penne bolognese, Grated cheese, herb pesto	
Tofu chow mein Vegetable spring roll	Jerk sweet potato, rice & beans, dirty corn	Roasted butternut & red onion tart tatin	Paella with roasted peppers & courgettes, tomatoes & olives	Jumbo sausages Gluten free sausages	Butter bean & lentil bolognese, penne pasta, herb pesto	
Wok tossed vegetables	Caribbean slaw	Buttered carrots & parsnips, cabbage with green beans	Patatas bravas	Bang bang cauliflower	Green peas, onions & garlic	
Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	
Salads, deli & pasta bar	Salads, deli & pasta bar	Salads, deli & pasta bar	Salads, deli & pasta bar	Salads, deli & pasta bar	Salad bar	
Fruit jelly & cut fruits Steamed lemon & ginger & pouring cream	Fruit jelly & cut fruits Coconut rice pudding, sprinkle bar	Fruit jelly & cut fruits Baked caramel dumplings	Fruit jelly & cut fruits Apple & sultana strudel, whipped cream	Fruit jelly & cut fruits Hot chocolate cake		
			Evening			
Fish finger wrap with shredded salad & sriracha mayo roasted potato wedges	Chicken katsu, ginger steamed rice & miso curry sauce	Beef or southern fried chicken burgers with cheese slices & fries	- Boarder's choice	Mixed meat nasi goreng, curry spices & toasted coconut	Chef's choice with seasonal vegetables & desserts Evening salads	Chef's choice with seasonal vegetables & desserts
Fishless 'fish' Finger Wrap with Shredded Salad & Sriracha Mayo Roasted Potato Wedges	Aubergine katsu, ginger steamed rice & miso curry sauce	House made burgers, vegan cheese slices & fries		Vegetable & tofu nasi goreng, curry spices & toasted coconut		
Salads & pasta bar	Roasted corn with beansprouts & ginger	Supper salad bar	Salads & pasta bar	Salads & pasta bar		
Chocolate loaf cake	Apple & cinnamon muffins	Neapolitan cake	Chewy granola bars	Golden syrup cake	Chef's choice of dessert	Chef's choice of dessert





MENU MICHAELMAS TERM – WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	SUNDAY BRUNCH			
Steak & onion pie Smashed potatoes Cauliflower cheese	Chicken katsu, ginger steamed rice & miso curry sauce	Honey & mustard roasted ham, roast potatoes Parsley glazed carrots, sauté cabbage	Chicken massaman curry Steamed ginger rice	Battered hake fillet with chips Jumbo sausages/ gluten free sausages	Pasta bolognese bake				
Lentil & winter vegetable pie Smashed potatoes Cauliflower 'not cheese'	Aubergine katsu, ginger steamed rice & miso curry sauce	Winter root & lentil wellington	Sweet potato, spinach & pea curry Steamed ginger rice	Fishless 'fish' fingers with tartar sauce	Lentil bolognese pasta bake				
	Roasted corn with beansprouts & ginger		Caesar style green beans	Green peas, baked beans & curry sauce	Peas, corn & beans				
Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings	Baked jacket & sweet potatoes with toppings				
Salads, deli & pasta bar	Salads, deli & pasta bar	Salads, deli & pasta bar	Salads, deli & pasta bar	Salads, deli & pasta bar	Salad bar				
Fruit jelly & cut fruits Steamed jam pudding & custard	Fruit jelly & cut fruits Apple & blackberry crumble Pouring cream	Fruit jelly & cut fruits Iced vanilla cake	Fruit jelly & cut fruits Bread & butter pudding, custard	Fruit jelly & cut fruits Chocolate sponge & chocolate sauce	Fruit jelly & cut fruits				
	Evening								
Crumbed fillet of hake Sauté potatoes with onions Peas & broccoli	Bratwurst & pretzel rolls Warm potato & red onion salad Garlic green beans	Beef or southern fried chicken burgers with cheese slices & fries	Boarder's choice	Baked mac & cheese Topping bar	Chef's choice with seasonal vegetables & desserts	Chef's choice with seasonal vegetables & desserts			
Sweet potato schnitzel Sauté potatoes with onions Peas & broccoli	Vegan frankfurter Warm potato & red onion salad Garlic green beans	Vegan quarter pounders with vegan cheese slices & fries		Sweet chilli corn Crispy onions Bolognaise Cheese					
Baked jacket & baked beans Pasta & tomato sauce	Baked jacket & baked beans Pasta & tomato sauce	Baked jacket & baked beans Pasta & tomato sauce	Baked jacket & baked beans Pasta & tomato sauce	Baked jacket & baked beans Pasta & tomato sauce					